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Apex Vets is a trading name of Apex Vets LTD.
Company No. SC 369213

Dental Care Options:

Gold Standard

- Toothbrushing is the best mode of home care for teeth.
- Dog/Cat enzymatic toothpaste (poultry/fish flavoured) should be used along with a soft bristle toothbrush.
- Ideally teeth should be brushed daily.
- Attached is a demonstration handout and we can send our demonstration video link.

Silver Standard

- Dental diets.
- Diets are kibble based and are designed to prevent tartar build up and recurrent dental disease.
- Examples of these diets are Hills T-D, Royal Canin Dental Care or Purina Dental Health (DH).
- Veterinary HPM small breed dog and cat diets also contain tartar control properties.

Bronze Standard

- Dentisept gel.
- Oral paste used to help with gum inflammation and prevent tartar build up. It contains Chlorhexidine which helps stop bacteria building on gums/teeth.
- This should be used daily by applying along the gum line which will bind to the enamel of your pet's teeth.

Other Dental Care Options:

Vet Aquadent

- Vet Aquadent
- Water additive to help control plague build-up and eliminate bad breath.
- Add 1ml to every 100ml of fresh drinking water and replace daily.

Plaque Off Powder

- Food Additive to help control plaque build-up and soften existing plaque
- Sprinkle recommended amount onto food once daily
- Contains naturally high iodine contents, not recommended for use in hyperthyroid cats.

Dental Chews

- Virbac VeggieDent Chews are a highly palatable chew (Dogs only).
- Their Z shape design allows the chew to scrape away tartar everywhere around the teeth and gum line.
- Dental chews can be high in calories and therefore should be used sparingly. You may need to reduce your pet's daily calorie allowance.
- We recommend only using dental chews that can be marked with your fingernail. If it is unable to be marked, then the chew will be too hard for your pet's teeth.

^{**}The dental care options listed in this section are best used in conjunction with another option**



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Brushing Your Dog's Teeth

- Apply the toothpaste to the toothbrush or Finger brush (a small pea sized amount is sufficient)
- Choose a time when your dog is settled. Sit him or her down quietly, either on the floor or on your lap for a small dog. Offer a pea sized amount of the toothpaste to your pet as a treat to get them used to the taste of it
- Place your left hand across the bridge of the nose or muzzle, with a finger or thumb under the chin to keep the mouth closed. Gently lift the top lip and insert the brush inside the cheek. The most important place to brush is at the gum line.
- The goal is to brush the outside surfaces of all the teeth in a systematic way. Initially your dog may not co-operate for long enough; if so, start brushing at a different position in his mouth each time. Only do a little at a time until your dog gets used to the process.
- Start by cleaning the back teeth, particularly the upper ones, and then the canine teeth.
- There is no need to brush the inner surfaces of the teeth as the tongue will do quite a good job of this.
- Move the brush in gentle circular motions. DO NOT scrub the teeth.
- Tooth brushing should be carried out daily.
- Remember, there is no point wrestling with your dog. Try to make it an enjoyable experience. If your dog behaves well, reward him or her with a small healthy treat afterwards to turn it all into a positive experience.



